

# My Kilometre Tracker

Cross off each box when you've smashed that kilometre to help keep track of your challenge.

**Top tip:** display a copy in your office so your colleagues can keep up with your progress and donate towards your efforts!

JOG ON  
MENINGITIS



#50ks50days

1 km	2 km	3 km	4 km	5 km
6 km	7 km	8 km	9 km	10 km
11 km	12 km	13 km	14 km	15 km
16 km	17 km	18 km	19 km	20 km
21 km	22 km	23 km	24 km	25 km
26 km	27 km	28 km	29 km	30 km
31 km	32 km	33 km	34 km	35 km
36 km	37 km	38 km	39 km	40 km
41 km	42 km	43 km	44 km	45 km
46 km	47 km	48 km	49 km	50 km

# #50ks50days

My fundraising page :

